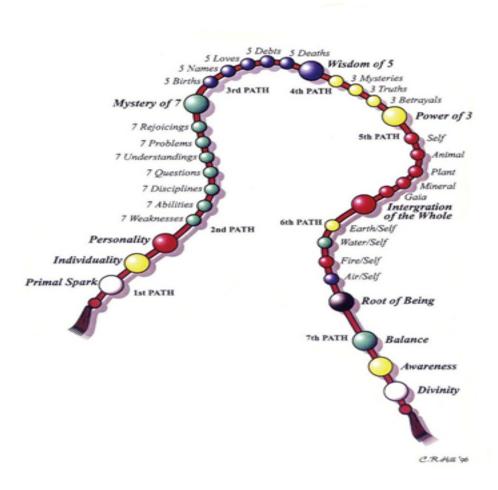
# ■ The Atlantean Rosary — Student Manual



## ■ Preparing Your Beads

- Place the beads in a bag or clean piece of linen. Carry them with you for several days (in a pocket, not a purse).
- Sleep with them under your pillow. This attunes them to your vibration.
- Wash your hands thoroughly before handling the beads. Add a little salt to the water as a ritual cleanser.
- Keep a bound notebook dedicated to your Rosary work, large enough to last at least a year.

# ■ Bead Arrangement (Sacred Cord)

#### **First Path**

• 1 large White bead — Primal Spark

### **Second Path**

• 1 large Gold bead — Individuality / Oversoul

#### **Third Path**

• 1 large Red bead — Personality / Present Self

#### **Fourth Path**

- 7 small Green beads Aspects of life (Mystery of 7)
- 1 large Green bead Culmination of 7
- 5 small Blue beads Mental/psychic challenges
- 1 large Blue bead Wisdom of 5
- 3 small Gold beads Truths and Trials
- 1 large Gold bead Overhead / Summation
- 5 small Red beads Lessons of sacrifice & integration
- 1 large Red bead Overhead / Sum of Path

#### Fifth Path

Completes the planetary/elemental teaching cycle

#### Sixth Path

- 1 small Gold bead Earth
- 1 small Green bead Water
- 1 small Red bead Fire
- 1 small Blue bead Air
- 1 large Black bead Root of Being / Elements

#### **Seventh Path**

- 1 large Green bead Balance
- 1 large Gold bead Awareness
- 1 large White bead Divinity / Primal Spark fulfilled

### ■ Color Symbolism

- White = Spirit, purity, primal spark, return to source.
- Gold = Solar power, wisdom, divine illumination.
- Red = Vital force, sacrifice, incarnate personality.
- Green = Growth, balance, integration with Gaia.
- Blue = Higher mind, psychic depth, truth.
- Black = Root of Being, mystery, hidden Source.

# Ritual Preparation (Cleansing & Consecration)

### **Water and Salt**

• Collect pure water (ideally from spring or well). Charge it with light from your heart, saying: "Be cleansed, thou Creature of Water! There is cast out from thee all that is impure and harmful. Be thou blessed in the name of that which created thee."

- Charge sea salt in the same way as Creature of Earth.
- Mix a little salt into the water, then draw an equal-armed cross before, behind, and on either side of your chair. Touch your forehead with the mixture.

#### **Invocation of Protection**

"I invoke the Guardians of the Soul to watch to my right side and to my left side, before me and behind me, above and below me, that I may work within the sphere of light and to the greater understanding of my spirit."

### ■ The Work

- Thread beads in one session (1.5 hours minimum). This is itself a meditation.
- Handle each bead slowly, contemplating its meaning before knotting it into the cord.
- Once complete, store in silk or a wooden box. Wait until the right moment (new tide, birthday, solstice) to begin work.
- Work daily: one week per bead, with a week of assimilation between sets.
- Record your notes, realizations, and experiences faithfully in your Rosary journal.